



WHAT IS THE WAGES STUDY ABOUT?

The minimum wage is scheduled to rise to \$15 an hour in Minneapolis over the next 5 years. The Wages study will evaluate the effects of this increase on the health of low-wage Minneapolis workers. We have enrolled over 450 low-wage workers in Minneapolis participate and stay in the study for up to 5 years.. We have also enrolled over 450 low-wage workers in Raleigh, North Carolina for comparison.

WHY STUDY THE HEALTH EFFECTS OF THE MINNEAPOLIS MINIMUM WAGE ORDINANCE?

- “Maintain worker's health, efficacy, and general well-being”-the stated PURPOSE of the Minneapolis Wage Ordinance
- Minimum wage is a social determinant of health
- Minimum wage is a potential policy lever to address health equity
- Health effects of wages are not well studied.

WHY BE INVOLVED?

- Be part of an essential aspect of addressing health equity
- Have your organization play a role in this unique, "upstream" federally funded (National Institutes of Health) research opportunity
- **Help us interpret, use and share our findings**

HOW CAN YOUR ORGANIZATION BE INVOLVED?

- Help us shape the research experience for our participants to be as accessible and culturally appropriate as possible.
- **Be part of a team of people/organizations that will help us to interpret the research results and tell the stories that need to be told.**

OUR STUDY TEAM'S PRINCIPLES:

- Create and uphold a positive experience for each individual study participant
- Fairly compensate individuals participating in the study.
- Fairly compensate organizations putting the resource of time towards this study.
- Actively incorporate feedback from our partners into study procedures.
- Timely analysis and reporting of results
- **Sharing our de-identified data with partners in support of your organizational missions**



WHO IS CONDUCTING THIS STUDY?

The study is led by Dr. Caitlin Caspi, an Assistant Professor Department of Family Medicine and Community Health at the University of Minnesota.

WHAT MAKES SOMEONE ELIGIBLE FOR THIS STUDY?

- 18 years old or older
- Earning \$11.50/hr. or less at a job in Minneapolis
- –OR–
Unemployed, but recently earned \$11.50/hr. or less and looking for work in Minneapolis

WHAT ARE PEOPLE ASKED TO DO FOR THE STUDY?

Year 1 (2018) (\$70):

Measure height & weight	\$10
Complete an online survey	\$20
Verify wages with a pay stub	\$20
Collect 2 weeks of food receipts	\$20

Years 2 through 5 (\$60): Height/weight measure, survey, and paystub collection

Years 3 and 5 (\$80): Receipt collection

WHO IS FUNDING THE STUDY?

The National Institutes of Health and the Department of Family Medicine and Community Health, at the University of Minnesota.

HOW CAN I (OR OTHERS) LEARN MORE?

The study has completed enrollment, but anyone interested in collaborating around future data collection time points, or interpreting our findings can call Project Manager, Amy Shanafelt at 612-626-9192. Or email shanafel@umn.edu