

DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH



MEDICAL SCHOOL | UNIVERSITY OF MINNESOTA

RESIDENT BENEFITS

2019-2020 STIPENDS

First Year \$55,762

Second Year \$57,478

Third Year \$59,456



PROFESSIONAL DEVELOPMENT AND CONTINUING EDUCATION

Academic Business Expense Reimbursement Fund

Up to \$1,000 reimbursement per year for conference expenses, medical association memberships, web-based courses, clinical textbooks and medical journals, and educational or clinical software.

Continuing Medical Education

Three to five days per year at program director's discretion

Exams

Reimbursement for the USMLE Step 3 or COMLEX-USA Level 3 exams if taken during residency

Global Family Medicine

Elective curricular experience where residents participate in international experiences

Fellowship Opportunities

- > Fogarty Global Health Fellowship
- > Sports medicine, occupational medicine, geriatrics, hospice and palliative medicine, and addiction medicine available in the Minneapolis-St. Paul area
- > Obstetrics (Duluth) and geriatrics (Rochester) available in Greater Minnesota

Grand Rounds (department-sponsored)

Family medicine topics presented in an academic context each month

- > Live streaming at z.umn.edu/familymedgrandrounds

Life Support Courses

Certification and recertification in Basic Life Support, Advanced Cardiac Life Support, and Neonatal Resuscitation

Prenatal/Newborn Elective

Two- to six-week elective—may be taken by residents who have a child born or adopted during residency

Courses (department-sponsored)

- > Advanced Life Support in Obstetrics
- > Colposcopy
- > Community Health
- > Dermatology Procedures
- > Family Medicine Point-of-Care Ultrasound (POCUS)
- > Osteopathic Medicine
- > Family Medicine Leadership and Finance
- > Primary Care Psychiatry
- > Sexual Medicine
- > Sports Medicine I: Basic Musculoskeletal Assessments
- > Sports Medicine II: Procedures
- > USA Soccer Cup Sports Medicine

RESEARCH AND SCHOLARSHIP

- > Top National Institutes of Health-funded family medicine department

- > Member of Family Physicians Inquiries Network Consortium

PRACTICE-RELATED BENEFITS AND REIMBURSEMENTS

DEA Registration

DEA fee reimbursed during residency

Minnesota Licensure

Permit and licensure application fee paid during residency

Moving Allowance

\$1,000 paid for relocation expenses

Uniforms

Lab coats provided

Loan Repayment

Eligible to apply for loan forgiveness during residency, contingent upon state funding and dependent on clinic location (z.umn.edu/loanforgiveness)

continued

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RESIDENT BENEFITS *continued*

RETIREMENT

Eligible to enroll in two plans: > Optional Retirement Plan > 457 Deferred Compensation Program

INSURANCE AND HEALTH COVERAGE

Health Insurance

- > Resident and family coverage through Blue Cross Blue Shield of Minnesota
- > Automatic emergency travel assistance
- > Available on first day of orientation

Dental Insurance

- > Available for residents and family members

Life Insurance

- > Group term provided at no cost
- > Additional coverage available

Short- and Long-term Disability

- > Up to \$5,000 covered per month during residency at no cost
- > Loan payoff if disabled during residency
- > May enroll in guaranteed coverage until age 67 for up to \$10,000 per month, regardless of pre-existing condition

Malpractice Insurance

Coverage provided for activities within the course and scope of resident duties at no cost

Flexible Spending Account

Eligible for pre-tax health care and dependent care reimbursement benefits

UNIVERSITY OF MINNESOTA PERKS

Fitness Membership

University Recreation and Wellness Center at student membership rates

GPS Alliance

Central resource for travel abroad

Library System

Access to the University of Minnesota library system, including the Bio-Medical Library

Resident Assistance Program (RAP)

University of Minnesota Medical School employee assistance program designed specifically for residents

Technology Discounts

Discounted computer, devices, and cell phone plans

University Events

Discounted tickets for some University sports, theater, and cultural events available with UCard

VACATION AND LEAVES

Paid Time Off (PTO)

- > Twenty-one days per contract year. These days are designed to cover vacations, unexpected absences such as sick days and funeral/bereavement leave, and practice search.

Maternity, Paternity, and Adoption Leave

- > Two weeks maternity leave, paid at 100%; up to four additional weeks paid through short-term disability at 70%
- > Two weeks paid paternity or adoption leave upon request

Miscellaneous Leave

- > Extended periods of leave available at program director's discretion
- > Any leave may extend residency and postpone board eligibility

Duluth, Methodist, and St. Cloud benefits vary. Contact the program directly for specifics.