

# Family Matters Study

## During This Visit...



### Home Visit #1

- Consent
- Height & Weight
- Family Game
- Food In Your Home
- What did your child eat?
- How active are you?
- iPad Questions
- Gift Card

## While We're Gone...

### Over the Next 8 Days

#### You Will Do:

- What did your child eat?
  - \* 1 time phone call with research staff \_\_\_\_\_
- How active are you?
  - \* Wear activity box every day + weekends – parent & child
- iPad Questions
  - \* Complete throughout the day + weekends – parent only
- Get fun toys every day & work towards **BONUS** gift cards!

We will call you during this time to make sure everything is going well!

## When We Come Back...



### Home Visit #2

- What did your child eat?
- How active were you?
- Parent Interview & Survey
- Get Gifts!
  - iPad Mini
  - **BONUS** Gift Cards

Home Visit #2 is scheduled for:

\_\_\_\_\_

### Incentives – You have the chance to earn everything listed below for participating

- **iPad Mini** – to be used during the week but you will get to keep it after Home Visit #2
- **You have the chance to get up to \$100 in BONUS gift cards**
  - **\$25 gift card** – for finishing Home Visit #1 and scheduling Home Visit #2
  - **\$25 gift card** – for finishing all 3 food reports of what your child ate
  - **\$25 gift card** – for wearing your activity box every day & weekends
  - **\$25 gift card** – for finishing iPad Questions in a timely manner every day & weekends
- **Fun Toys** – kids will get 1 toy at home for every day they wear their activity box during the week we are gone

### Family Matters Contact Information

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